

4PM GARDEN PARTY

“My husband gets home early enough most days that we try to get in an all-family activity before dinner. A fave is a walk through the Chicago Botanic Garden.”

1000 Lake Cook Road, Glencoe,
chicagobotanic.org



Designer Alexandra
Kachler in the
dining room of her
Winnetka home



1PM MEASURE UP

“With the upcoming Lake Forest Showhouse & Gardens, I might make a quick trip to the house for a measurement, vendor meeting or installation.”

lakeforestshowhouse.com

FROM TOP, PHOTOS COURTESY OF:
CHICAGO BOTANIC GARDEN; LAKE
FOREST SHOWHOUSE & GARDENS



8AM CAFFEINE FREE

“Even though I don’t drink coffee, Hometown Coffee & Juice is still a favorite predrop-off stop for chamomile tea and maybe a Do-Rite doughnut to split with my daughter.”

700 Vernon Ave., Glencoe, hometownglencoe.com

ALEXANDRA KAEHLER

This interior designer moved her family and business to Winnetka, and now she’s ready to debut a room at the Lake Forest Showhouse & Gardens.

In 2011, fresh out of design school, Alexandra Kaehler (alexandrakaehler.com) launched her business with a great eye and a few “very patient” clients. “It’s not a path I’d recommend,” she admits. “But it worked out.” Her design office, which is now in Winnetka, is busy up and down the North Shore and in the city with a mix of new construction, renovations and restorations. “We do a lot of older homes that need love and attention,” she says. “I think it’s my favorite kind of project because it’s a puzzle as you work with what’s there and try to breathe new life into it.” Nicely tying into her interest in older homes is the upcoming Lake Forest Showhouse & Gardens, where Kaehler pitched and was granted a sleeping porch off one of the bedrooms. “They reached out to me this year to see if I would be interested,” she says. “I walked through the house and fell in love. It’s a sprawling house with so much personality and character.” Her room has three walls of windows and she’s giving it a feminine, but not girly, vibe. “The room feels like a treehouse and that’s what I was drawn to,” she says about the project she’s working on with her two design assistants. “It’s fun to exercise our creativity in a different way and to have so much freedom with a project.” April 25-May 17, tickets \$35-\$40, lakeforestshowhouse.com —LH ◦



9AM WORK IT

“After dropping my daughter at school, I squeeze in a 20-minute slo-mo weight workout at StrengthTime.” A huge bonus is that it’s across the street from her office and there’s no need for a post-workout shower.

1013 Tower Court, Winnetka, winnetka.strengthtime.com



9:30AM CLIENT TIME

“My workday usually starts with a status meeting where our team goes over where each project is and what’s coming up.”

928 Green Bay Road, Winnetka, alexandrakaehler.com